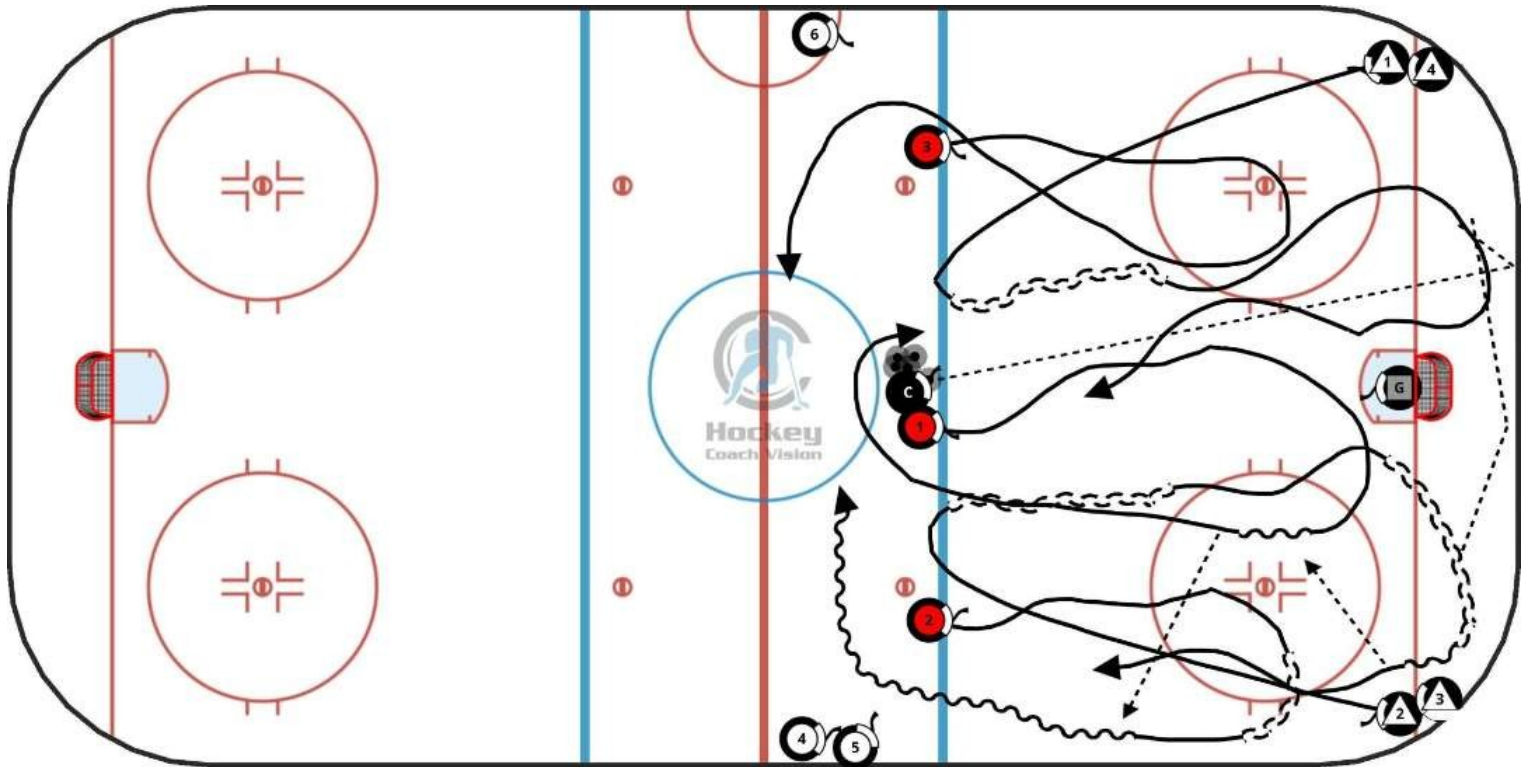


D CAROUSEL



DESCRIPTION

Quick passing drill for D

SETUP

-D1 pivots backwards as D2 chips puck low behind him to the corner. D1 passes over to D3 who passes quickly up to D4 on the blue line.

-D4 now passes to D5 who is sliding along the blue line to get open for a shot.

TIPS FROM THE COACH

- o Practice using both direct passes and bank passes..forehand and backhand
- o One time shots should be low, hard and aim at the middle of the net
- o Talk! Call for the pass!

ASSOCIATED WITH

U11, U13, U15, U18, Shooting, Passing