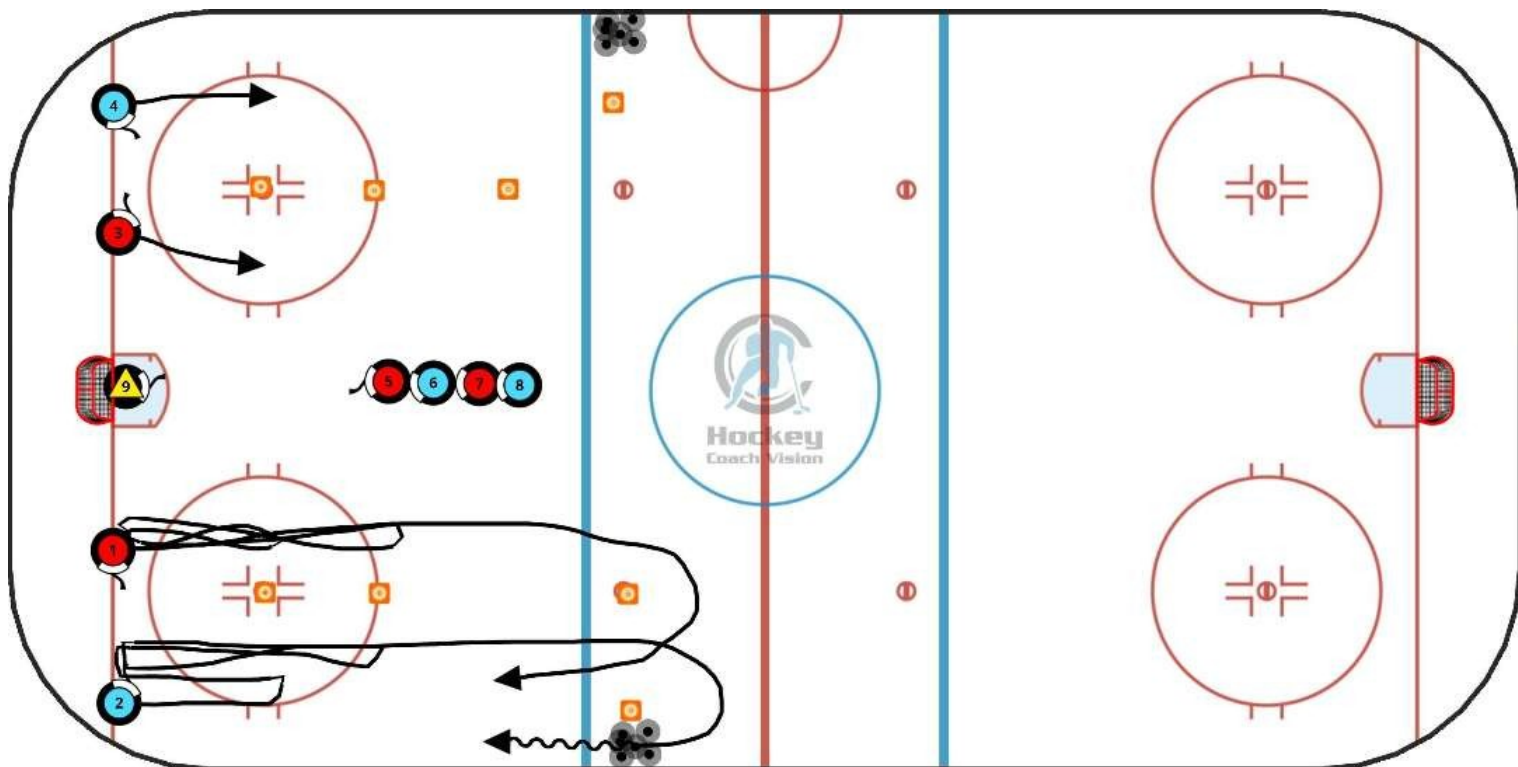


JW START STOP ANGLING 1 ON 1



DESCRIPTION

Battle Drill

SETUP

2 Players do a series of stops and start facing each other, then both make sharp turns around the last pylons.

- the offensive player picks up the puck on the wall and tries to drive to the net around the deepest pylon.
- the defensive player tries to angle the offensive player to the wall to prevent him from getting to the net.

TIPS FROM THE COACH

- o Start and stop skating using both edges on each stop, two hands on the sticks during stops.

ASSOCIATED WITH

U11, U13, U15, U18, Skating, Edge Control