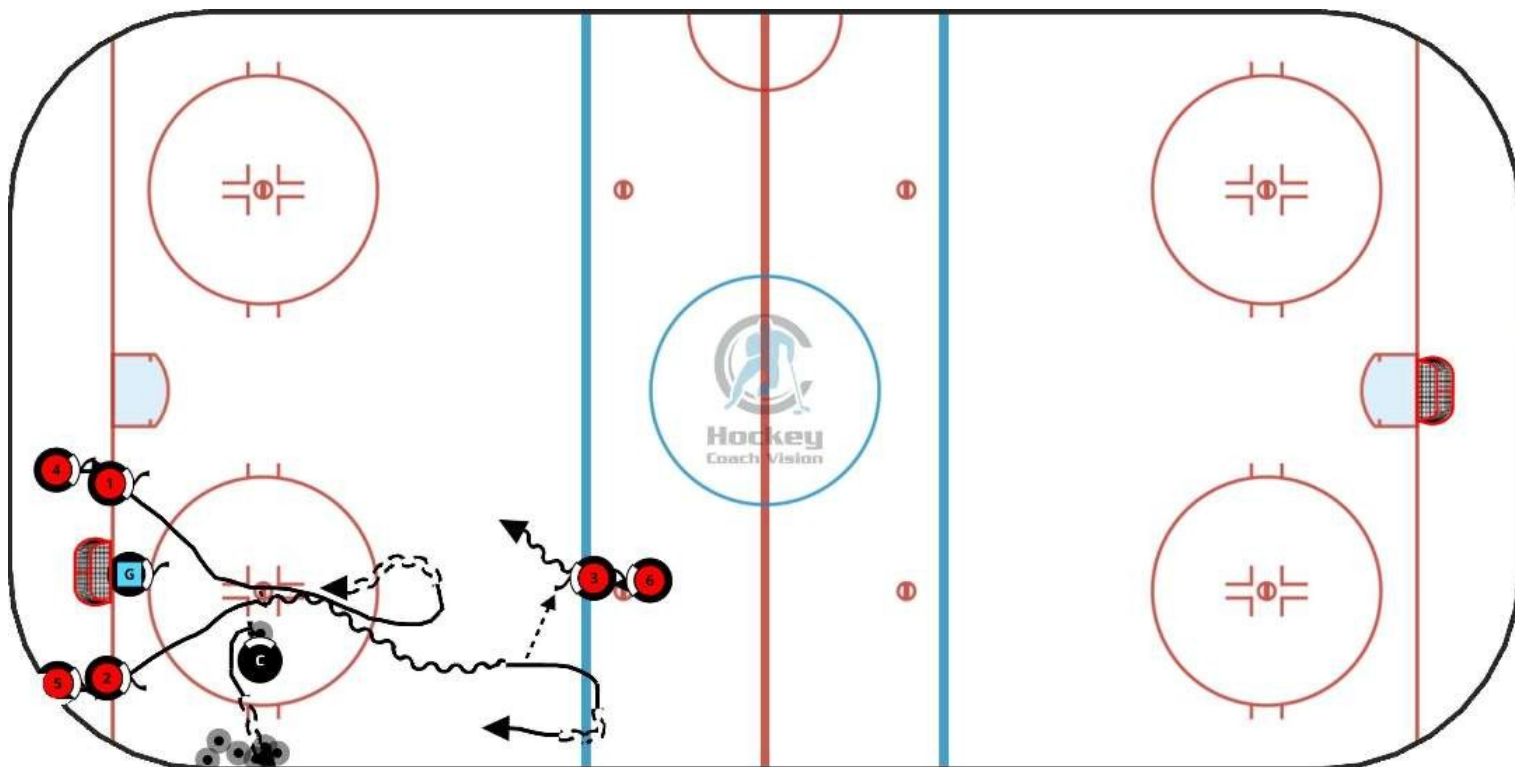


## LOW RACE 2 ON 1



### DESCRIPTION

Small area game to work on puck battles

### SETUP

Coach places a puck on the dot then P1 and P2 race for it.

The winner, P1, passes to P3, pivots out over the blue line, and attacks back against P2. P2 now moves out to the blue line for the next repetition

### TIPS FROM THE COACH

- o -Quick transition from attacking to defense.
- o -Shoot the puck and drive to the net for rebounds
- o -Game speed/Quick Starts

### ASSOCIATED WITH

U9, U11, U13, U15, U18, Skating, Acceleration